## 2023 Bio



Layne Beachley AO is a surfing legend, claiming a remarkable 7 World titles, the only surfer in the world to win 6 consecutively. Her path to success was peppered with challenges, including adoption, mental illness, lifethreatening injuries, and overcoming failures.

Embracing setbacks as opportunities for growth, Layne's honest and determined approach to life and success inspires us all. She's not only a champion in surfing but also a fierce advocate for equality within the sport, a passionate environmental campaigner, Chair of Surfing Australia and champion for mental wellness.

Today, her mission is to empower 1 million lives to become more centred, connected and confident through her transformational work at Awake Academy. She still surfs every day, loves Rosé and her biggest weakness is hot chips.

